## Impact of Exercise Training







Anti-inflammatory cytokines









Increase thrombotic pathways

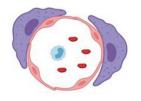
(D-Dimer, fibrinogen)



**Thromboinflammation** 

## Improve endothelial function

(lower fibrinogen and ROS; increase NO)



Healthy endothelium