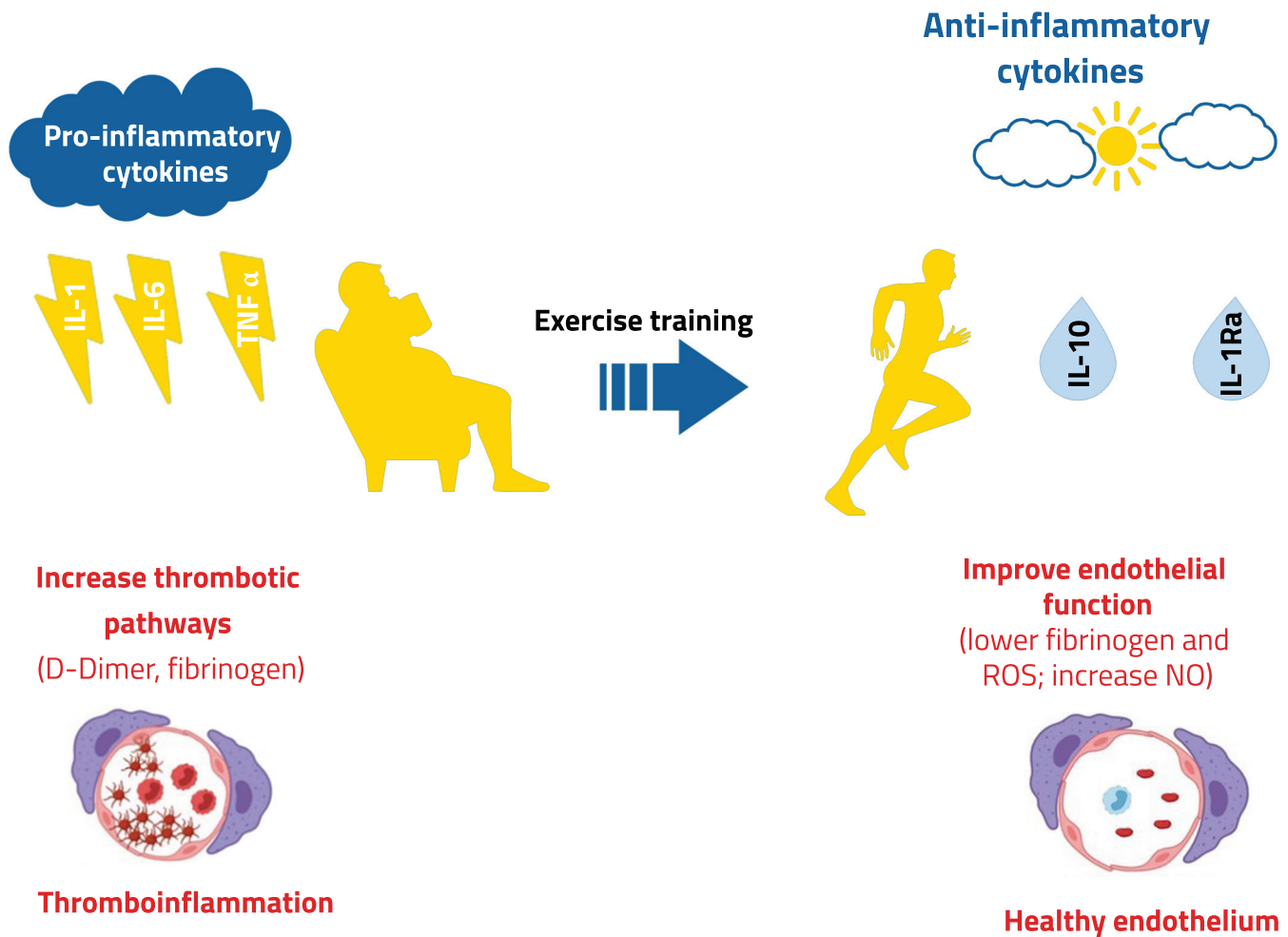


# Impact of Exercise Training



**GastroDoxs**  
— defenders of the digestive system —